

# Aquatics Program Schedule - Summer

(Revised 6/15/17)

Time	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
6:30 a.m.						
8:00 a.m.						Master Swim (Donn, 8:05-9:15)
8:30 a.m.			*Aqua Zumba (Kathy D.)		*Aqua Zumba (Kathy D.)	
9:30 a.m.	*Aqua Zumba (Wendy)	Water Fitness (Jadene)		Water Fitness (Jadene)		Water Fitness (Kathy S.)
10:30 p.m.		*Master Swim (Donn)		*Master Swim (Donn)		
1:00 p.m.						Family Swim (1:00 - 5:45)
3:30 p.m.	Family Swim	Family Swim	Family Swim	Family Swim	Family Swim	
5:30 p.m.	**Stroke Improvement (Donn)		**Stroke Improvement (Donn)			
6:30 - 7:30 p.m.		Preschool Swim Lessons (lanes 1&2)		Preschool Swim Lessons (lanes 1&2)		

- **Note:** All classes on this schedule are free with your membership.
- **Family swim** time is 3:30 - 5:30 pm weekdays, 1:00 - 5:45 pm on Saturday, and 12:00 - 3:45 pm on Sunday. A parent or guardian must be present with all kids under 14 while they are in the pool. Children under 14 are not allowed in the pool except during these times, except with special permission. These rules are strictly enforced.
- **Swim lessons** can be scheduled by calling Kathy Smead at 406-270-5657.
- Part of lane 1 or 2 will be occupied during swim lessons.
- \* Starts June 20th.
- \* Aqua Zumba classes are Endorsed by Silver&Fit®
- \*\* Must be able to swim 2 lengths of the pool.